

## **GUAM FOOTBALL ASSOCIATION (GFA)**

### **COACHES EDUCATION PROGRAM (CEP)**

The Guam CEP is designed to improve the general knowledge of the game, establish coaching methods, and assist the development of youth football (soccer) players. The emphasis is on activities and games that are age appropriate for the developing youth soccer player. The goal of the program is to help coaches instill an internal love for the game in their players.

GFA offers three levels of coaches educations: **“F” license, “E” license, and “D” license.**

The two primary levels (F and E licenses) require attendance of the entire course to receive credit and certification. The “D” license requires a passing grade in course testing in addition to attending the program in its entirety.

GFA also offers Mini Courses on many topics that are designed to address specific areas of interest. A certificate will be awarded at the end of each course.

#### **GFA LICENSES**

##### **“F” License**

This course involves 7 hours of combined classroom and field sessions. The course addresses the needs of the U6-U8 player. In order to receive the “F” license it is necessary to attend the course in its entirety.

- Topics: 1) Teaching Methodology/Philosophy  
2) Child development  
3) Techniques and Games  
4) Economical Training  
5) The Training Session  
6) The Season  
7) Sportsmanship

Cost: \$15 per person

##### **“E” License**

The “E” course is 14 hours of combined field sessions and classroom instruction. The course addresses the needs of the U10-U12 players. In order to receive the “E” license it is necessary to attend the course in its entirety.

- Topics: 1) Philosophy of Coaching  
2) Methodology for U10  
3) Technique and more Technique  
4) Tactics  
5) 7 v 7 The Game and Positions  
6) Care and prevention of Injuries  
7) Laws of the Game

## 8) Sports Psychology

Cost: \$25 per person

### **"D" License**

The "D" course is a maximum of 30 hours of instruction. This course is designed for the U14-U16 player. It also can be used to prepare for confederation or National "C" courses. Candidates must attend all classroom and field sessions. They must pass each of three written tests with a score of 70%. Each candidate must also pass a field examination to evaluate teaching skills and organization.

- Topics:
- 1) Methodology
  - 2) Functional Training
  - 3) Principal of Attack, Defense and Transition
  - 4) Technique for U14
  - 5) Goalkeeping
  - 6) Match Analysis
  - 7) Individual, small group, and Team Tactics
  - 8) Psychology
  - 9) Laws of the Game
  - 10) Care and Prevention of Injuries

Cost: \$50 per person

## **GFA CERTIFICATES**

Mini-course: This course is 4-6 hours in duration. (cost: \$20 per person)

Advanced Topics:

- |                         |              |          |
|-------------------------|--------------|----------|
| 1) Team Tactics         | 5) Wing Play | 9) Other |
| 2) Advanced Fitness     | 6) Set Plays |          |
| 3) Advanced Goalkeeping | 7) Off-sides |          |
| 4) Functional Training  | 8) Futsal    |          |

## **LICENSING REQUIREMENTS**

<b>LICENSE</b>	<b>REQUIREMENT</b>
AFC "C"	Age 18-35 (60-70 hr. course) "D" License or waiver
"D"	"E" License or waiver
"E"	"F" License or waiver

"F"	none
Mini course	none

## **COURSE FEES**

Cash or checks made out to GFA

## **LICENSING POLICY**

GFA coaching courses are taught by the Technical Director or assigned to a GFA staff instructor. Licenses will be given out within 30 days.

## **WAIVER OF GUAM LICENSES**

Request for waivers should be submitted in writing to the Technical Director. Final decisions on any waiver will come from the Technical Director.

Waiver of "F" License

Minimum of 1 year collegiate playing experience, 1 year full National Team playing experience or 3 years of coaching experience.

Waiver of "E" License

Minimum of 2 years collegiate playing experience or 2 years full National Team playing experience or 4 years of coaching experience.

Waiver of "D" License

Minimum of 4 years collegiate playing experience or 4 years of full National Team playing experience. Candidate with a valid coaching license from another country.

## **Requesting for a GFA Coaches Course**

- 1) A course coordinator must be selected from the requesting organization.
- 2) The course coordinator must contact GFA to establish a date.
- 3) Arrange for a field and classroom or request the use of GFA facilities.

## **Candidate Responsibilities**

Each candidate must bring the following items to the classroom and field session.

- notebook
- pen or pencil
- appropriate dress

Each candidate must inform the instructor of any health problems that are relevant. Light to moderate exercise, outdoors is expected.

For more information please visit the website: [www.guamfootball.com](http://www.guamfootball.com) or call Tom Renfro, Coaches Education Program Director at 637-0714.